



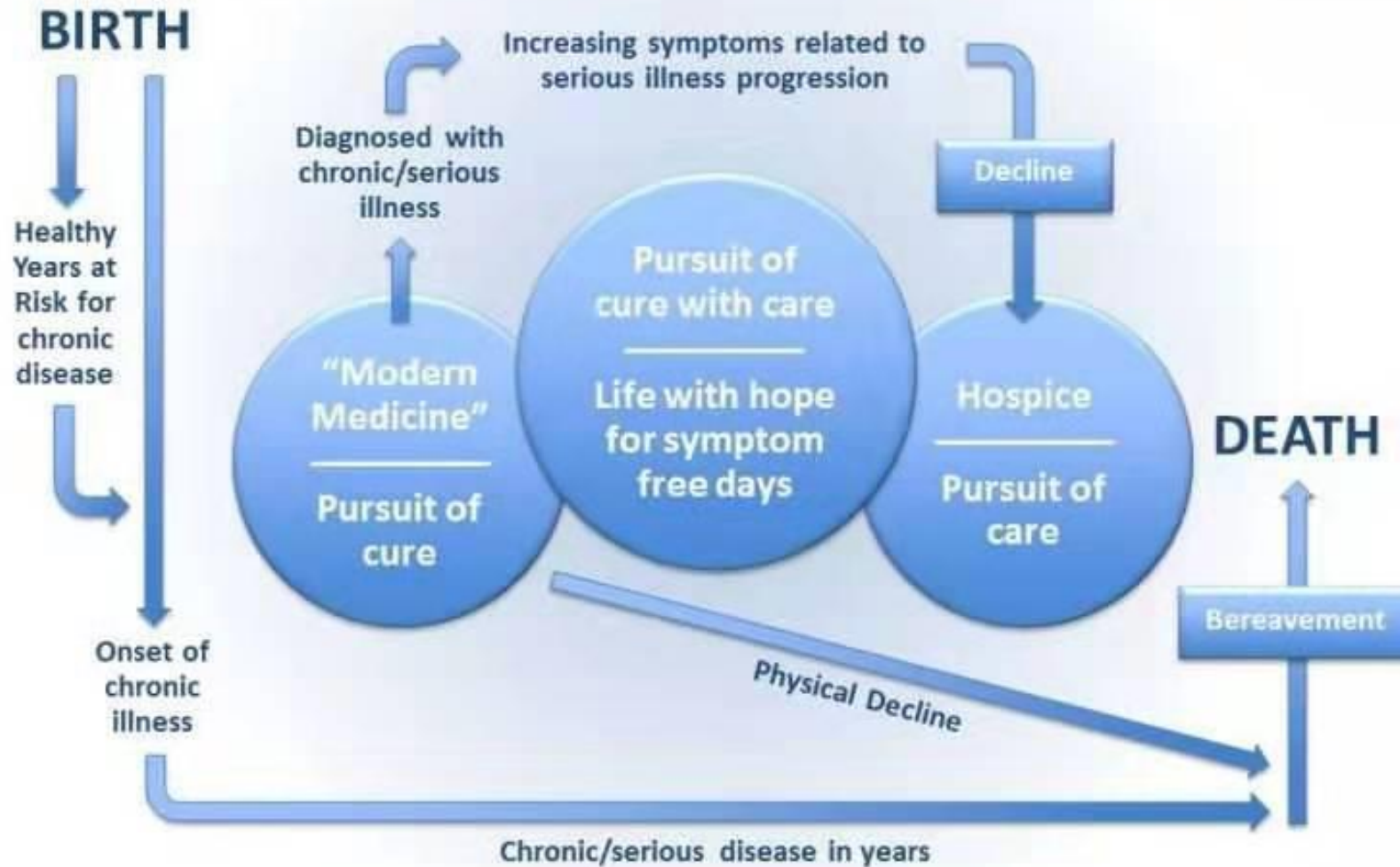
Framework of nursing care plan

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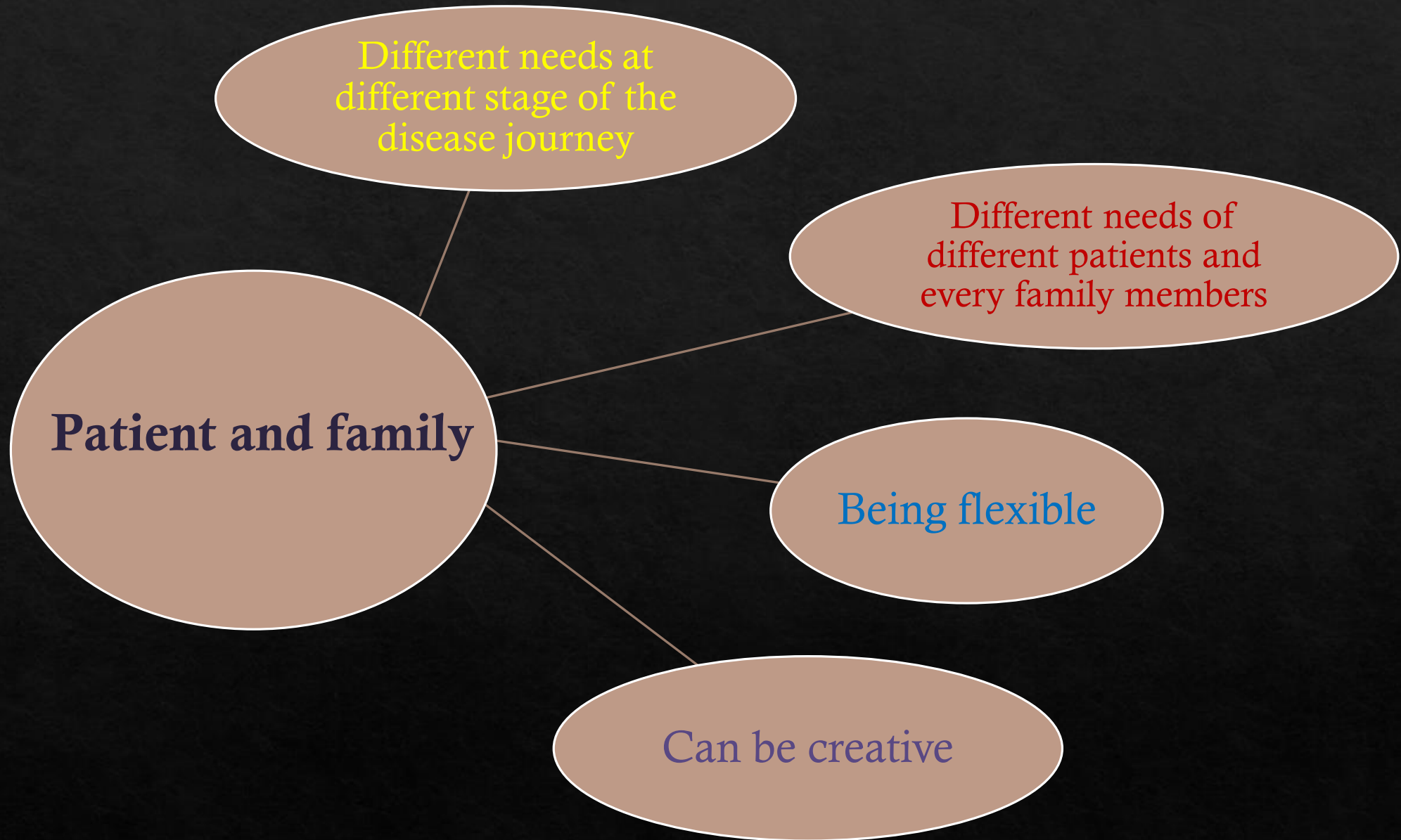
Holistic approach
Child - centred
Family - centred



SCOPE OF PALLIATIVE CARE



Walk along with patient journey



Keys points of setting a care plan

- ◇ Professionals should be open and honest with families about the condition of the patient, especially when the approach to end of life is recognized
- ◇ Joint planning with families and relevant professionals
- ◇ The plan of care must consider local legislation with regard of medication in the community, resuscitation, and certification of death
- ◇ Care plans should be reviewed and altered to take account of changes
- ◇ There should be 24-hour access to pain and symptom control, including access to medication
- ◇ Emotional and spiritual support should be available to the child and family
- ◇ Children and families should be supported in their choices and goals for quality of life to the end
- ◇ An end of life care plan is very important

Assessing and planning

- ◆ Assess the needs of the child and family
- ◆ Identify the relevant decision makers
- ◆ Set the agenda for a meeting
 - identify all the issues early on
 - all decision makers understand what needs to be discussed and make time to do it
 - not necessary to be formal but it does need to happen
- ◆ Meet and impart all the necessary information you can give
- ◆ Agree which decisions need to be made by the child, which by the family, and which by the professionals
- ◆ Talk about quality of life
- ◆ Draw up a care plan
- ◆ Implement the plan
- ◆ Communicate well with other team members
- ◆ Plan for the worst, especially out of office hours

Basic communication skills

- ☆ Listen to cues
- ☆ Don't be personalize
- ☆ Don't react to clients' emotions



Things to think about when setting a care plan II

◆ Child or young patient

- Pain and symptom control
- Quality of life
- Friends
- Emotional support
- Spiritual/religious issues
- Cultural issues
- Funeral planning
- Organ donation
- DNACPR/withdrawal of treatment
- Special wishes or activities
- Life goals
- Making memories



Symptom management plan

- ◇ List all the symptoms that the child might suffer from
- ◇ Sit down with the team and family and talk them through the plan, make sure everyone knows what to do for each eventuality
- ◇ Make any adjustment necessary to the plan periodically

Things to think about when setting a care plan I

◆ Family

- Practical support
- Sibling involvement
- Grandparents
- Emotional support
- Spiritual/religious issues
- Relationship
- Finance
- Cultural issues
- Funeral planning
- Organ donation



Things to think when setting a care plan III

◆ Home environment

- Space
- Equipment
- Bed
- Bathroom
- Safety

THANKS